

# **SCRIPTURES FOR WHEN YOU ARE ANXIOUS**

## **PHILIPPIANS 4: 4**

Do not be anxious over anything, but in everything with prayer and supplication take your request to God

## **PROVERBS 12: 25**

An anxious heart wears a man down, but a kind word cheers him up

## **MATHEW 6: 34**

Therefore, do not worry about tomorrow for tomorrow will worry about itself. Each day has enough trouble of its own.

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## **ROMANS 8: 38 -39**

And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love.”

## **PROVERBS 12: 25**

An anxious heart wears a man down,  
but a kind word cheers him up